



DEPEND

An occasional Newsletter published by
Dinas Powys Voluntary Concern

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Winter
2011

CHARLOTTE CHURCH AND JONATHAN POWELL SUPPORT DPVC



Charlotte Church with members of Dinas Powys Street Dance Group at the Strawberry Tea held in aid of Dinas Powys Voluntary Concern

This Summer, Dinas Powys Voluntary Concern was thrilled to welcome Charlotte Church and Jonathan Powell to a Strawberry Tea held in the gardens of Mike and Margaret Hayley. Charlotte and Jonathan's musical contribution made the afternoon an unforgettable occasion. It was also delightful to see some of our local youngsters, under the direction of Jenni Cooper, performing their street dance routine.

There was a tremendous atmosphere at the event and everyone left feeling they had attended something very special in both entertainment and catering. An amazing £1400 was raised for DPVC, all of which will be used to support residents living in our village. Sandwiches were prepared by DPVC volunteers and cakes were provided by members of Dinas Powys Women's Institute, who also served refreshments throughout the afternoon. Thank you to these and all who made the afternoon so successful and in particular to Margaret and Mike and to Charlotte and Jonathan for being our supporters.

EDITORIAL

This summer, two influential volunteers with DPVC retired after many years service. Drs Joan Andrews and Mike Robinson have both served as chairmen and trustees. Their contribution over the years has been invaluable and they will both be greatly missed. However they have both offered to continue to help our charity in other ways. Our deepest thanks to Joan and Mike for all you have done so far!

2012 is a significant date for DPVC. The charity, originally called the Dinas Powys Council for Social Services, was founded in 1972 and therefore next year is our 40th anniversary. DPVC are preparing a series of events to celebrate this Ruby Anniversary. So look out for details and do help us as we commemorate a charity which has helped so many of our more elderly and less mobile residents for so many years.

With the wonderful support we get from Dinas Powys' individual residents and organisations, DPVC will continue to serve our community for another forty years.

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PLEASE NOTE COMMUNITY DIRECTORY

Would you please inform the DPVC Coordinator in writing of any changes to the Community Directory as soon as possible. The online, downloadable, version of the Directory (Adobe .pdf) is updated regularly and can be found on the Community website at www.dinaspowys.org or by emailing dpvc@btinternet.com for a copy.

DEPEND is published by Dinas Powys Voluntary Concern.

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DPVC IN SUCCESSFUL LOTTERY BID

As part of a joint partnership with the Vale Centre for Voluntary Services (VCVS) and other organisations a successful lottery bid has been achieved.

VCVS were the lead partners in being awarded a grant through the Big Lottery Fund AdvantAGE scheme. The grant will be used over the next four years to deliver the Friendly Advantage project in partnership with Age Concern Cardiff & the Vale of Glamorgan, Dinas Powys Voluntary Concern, Scope Cymru, ACE Cardiff Limited.

The aim of Friendly Advantage is to offer a range of befriending models to reduce loneliness and isolation and improve the overall wellbeing of older people in the Vale of Glamorgan and Cardiff. The Long Term Befriending Model will work with individuals to provide more meaningful one to one long term befriending for older people who are housebound.

DPVC will have a modest share of the funding in order to appoint a part-time project co-ordinator. It is hoped that the successful person will be in post by December. Eventually the co-ordinator will need to recruit and train volunteers to assist in the delivery of the initiative. It is not expected that we can commence such activities until early in 2012. We will however shortly be seeking volunteers who have an interest in helping us achieve our objectives.

Clive Curtis, Partnership and Development Manager, said, "I'm delighted that VCVS has been awarded this grant. For the service users it's going to give them a better quality of life. Many older people feel very isolated, but this will give them a sense of worth and belief that they are not forgotten. We estimate that at least 900 people will benefit across the Vale and Cardiff."

THE HUNTSMAN RECIPE

Peter and Hilary Rice, Huntsman Restaurant, Station Road

RICH CHOCOLATE BRANDY CAKE

250g digestive biscuits
200g glace cherries
125g butter
250g good quality dark chocolate
100g walnut pieces
2 eggs
100g caster sugar
Half cup of brandy

Melt chocolate and butter together.

Add eggs and sugar.

Mix in all other ingredients.

Press into a 2lb loaf tin, lined with cling film.

Refrigerate for a few hours

A perfect treat for Christmas, a nice contrast to mince pies and Christmas pudding. It will keep well refrigerated for a couple of weeks.

Serve in thin slices with clotted or double cream or ice cream, or cut into small cubes for an after dinner treat with coffee, or into small fingers alongside mince pies.

NATIONAL EISTEDDFOD COMES TO THE VALE IN 2012

The National Eisteddfod will be held at Llandow, Vale of Glamorgan from 4th - 11th August, 2012. A Dinas Powys Appeal Committee has been set up to raise our quota, £12,000, towards the costs.

There are two events taking place in the near future in support of the appeal:

Saturday 26 November 2011	Coffee Morning Maes Glas Mill Road Dinas Powys
Friday 2 December 2011	Merchandise Stall Dickensian Fayre, The Twyn

Further information about these, and future events, may be obtained from

Mrs Julia Beasley: Tel No: 029 2051 2185 or
Mrs Jayne Lewis: Tel No: 029 2051 3500.

DELIVERING DEPEND

Once the articles for Depend are received, edited, processed and printed they are delivered in bulk to Dinas Powys Voluntary Concern. The 3500 copies are then broken down ready for delivery to specific areas within Dinas Powys. Over the years we have always relied on volunteers to ensure that the copies are posted through the letterboxes of every household.

If you would like to volunteer to help in the delivery of Depend we would love to hear from you. It's only twice a year and, depending on the round, takes between 30 minutes to an hour of your time.

Interested?

Then why not contact Wendy, our coordinator, at the Murchfield Community Centre, between 9.30 and 12.30 weekdays on 029 2051 3700

MURCHFIELD COMMUNITY HALL

There's something for everyone at Murchfield Community Hall in Dinas Powys this Autumn/Winter, with two new sessions being added to an already packed programme.

Zumba and aerobics work-outs take place in the hall on Saturday mornings (10.30 - 11.30 am) and Wednesday evenings (7 - 9 pm), with a new Zumba class starting in September on Tuesdays (1-2 pm). Also starting on Tuesday afternoons (2.30 - 4 pm) will be EXTEND: movement to music exercise aimed at the over-sixties and those with mobility problems. Sports activities in the hall include badminton (Tuesdays 8 - 10 pm and Sundays 7.30 - 9.30 pm), karate (Tuesdays 6.30 - 8 pm) and Tae Kwon-do (Wednesdays 4.30 - 6.45 pm). Street Dance for children can be found in the hall on Friday afternoons (5.15 - 7 pm).

MICHAELSTON-LE-PIT IS BEST KEPT VILLAGE

Last year Michaelston-le-Pit came third in the Vale of Glamorgan Best Kept village competition. This year, things would be organised properly, with a themed plan, work party dates, and more volunteers. Some heavy duty gardening was called for, as nettle and bramble covered verges were tamed, roses planted and lavender borders created; a long term approach, rather than just putting in showy border plants. Elsewhere pots and planters were filled and placed on steps and pathways, and the Well dressed. The work teams laboured hard on Saturday mornings, and late into the night on Wednesday evenings - whatever the weather. Roads were swept, greens cut, graves weeded and dusty cobwebs removed from the Church Lych Gate. All the other villages would be doing similar work, so what could we do to make Michaelston-le-Pit really stand out? There were the Summer Village Walks, but we had that last year. Then, using some lateral thinking, came the idea of using the old red telephone box as a book swap facility. A great idea!

The judges were spotted on their first visit, and had spent a long time in the churchyard; was this a good or a bad sign? Would we make the second judging?

Some villagers took to sitting in their front garden with a cup of tea, but there was no sign of a second visit.

Judgement day. As the sun set, a minibus arrived to take a delegation of villagers to Ystradowen, last year's winners. They were hosting the meal and the announcement of the winners.

As the announcements were made, it became apparent that Michaelston-le-Pit were either first or second. Either village could have won, said the judge, but for their innovation, the winners were (pause)..... Michaelston Le Pit.

A great cheer came up from the Michaelston delegation, and the huge two handled silver cup was presented. Late that night the minibus returned, and villagers, asleep in their beds, were woken by the sound of cheering in the street. Secret plans are already being made for next year's competition!



Other regular users include the Wednesday Afternoon Club (2 - 4 pm), pre-school Childminders (Thursday and Friday mornings), the Vale Council Youth Service (Monday and Thursday evenings) and Life Long Learning classes during term-time: Upholstery and Cane Seating (Tuesdays 10 am - midday), Gardening (Wednesdays 10 am - midday) and Family History (Fridays 1 - 3 pm).

Diary dates: Jane Hutt AM will be holding a surgery in the hall on Saturday 12 November (10 am - noon). The next blood donation session will be on the morning of Friday 23 December.

Murchfield Community Hall is a popular venue for children's parties (up to 12 years, from £20). For all booking enquires please contact Stephen Nottingham: sf.nottingham@btinternet.com

JANE HUTT AM

Firstly, I would like to thank and congratulate Dinas Powys Voluntary Concern for its excellent work in the community. DPVC continues to faithfully serve Dinas Powys residents, especially older people, people with disabilities and those who are vulnerable - I know its efforts are greatly appreciated.

In April 2011 the Welsh Government launched its Fuel Poverty Scheme, 'Nest' which I would like to promote to constituents in Dinas Powys and the Vale of Glamorgan.

As we move into autumn and winter and feel the temperatures drop, it becomes even more important that people are aware of Welsh Government schemes to help keep them warm and well, and protected against rising fuel costs.

Many people in Wales are estimated to spend 10 per cent or more of their household income on fuel bills. This is known as fuel poverty. The Welsh Government is committed to tackling this and has developed 'Nest' to ensure that everyone across Wales has access to advice and support to help them lower their fuel bills and reduce their chances of living in fuel poverty.

'Nest' replaces the Home Energy Efficiency Scheme (HEES) and is expected to provide advice and support to around 15,000 householders in Wales per annum. British Gas, in partnership with the Energy Saving Trust, is the managing agent for the Nest scheme.

I am pleased to hear that there have already been 27 referrals for people eligible for the scheme in the Vale of Glamorgan and households in Barry and

Dinas Powys have also benefited.

'Nest' offers a 'whole house' approach to determining which measures are most suitable for improving the energy efficiency of a property.

For example, the scheme could introduce measures such as loft and cavity wall insulation, solid wall insulation, new boilers, central heating and renewable technologies. The Nest scheme will also offer benefit entitlement checks to householders, where appropriate, to ensure they are receiving all the benefits they are entitled to and, in addition, will offer referrals to the most appropriate services for debt advice and advice on energy tariffs.

The Nest scheme will target its support at householders living in privately owned and privately rented fuel poor households and should particularly help those living in rural areas who have been unable to benefit from domestic energy efficiency schemes in the past.

The Welsh Government has stated that it aims to eradicate fuel poverty as far as possible in all households across Wales by 2018 and I look forward to seeing the benefits of this new scheme. If you would like further information on Nest's aims and how the scheme works, please visit

www.nestwales.org.uk. For advice on the cost of heating your home call **0800 512 012** free from a landline.



ALUN CAIRNS MP

During the summer months I had the opportunity to attend part of the DPVC training and briefing day.

The meeting considered how DPVC could better meet the needs of its community in a changing world. This was also an opportunity for me to gain a better understanding of the excellent work conducted by the group and its volunteers.

From providing a community resource centre, transportation, assistance for the disadvantaged within the village, to taking older members of the community to shows and on trips, DPVC really do provide a fantastic and vital service for residents of Dinas Powys.

In some of the discussion groups at the training day, it was clear that there is considerable legislation that at least concerns the volunteers and innovators. These issues range from the need for CRB checks to questions around health and safety concerns to driving regulations, whilst carrying passengers.

This made it clear to me that if the government's will to encourage more volunteering, community responsibility and neighbourly support is to succeed, there need to be significant changes to legislation.

It's important too that the government should listen to groups like DPVC on the hurdles that it faces as a voluntary organisation providing a service to individuals and voluntary groups operating in the village, and as it aims to help, support and improve the quality of life of the elderly and people with disabilities.

A review of how health and safety legislation is being interpreted has already been completed. On the one hand it is often used as an excuse by various Authorities not to do something. However, the review also highlighted that current legislation often focusses on paperwork, rather than support for the volunteer to do the job well and safely.

These fears have stopped many community initiatives. Carnivals are few and far be-



tween, let alone 'floats' carrying children! Playing conkers in the school yard is now rarely seen, although it had been played with much pleasure and little harm for generations.

Therefore, the next step must be to focus legislation and guidance on real issues; not paperwork which leads to the threat and risk of litigation.

I have called on the government to give better direction on health and safety legislation and for protection to volunteers who are doing the right thing. I have also questioned why, for example, if a school teacher wants to be a scout leader, why should they need another CRB check? There needs to be a common sense approach and this is what I will continue to press the government to deliver.

I believe that the government must aim to make other communities more like Dinas Powys, with the social infrastructure that works so well with Dinas Powys Voluntary Concern.

This involves a clear culture change, but one which means that people don't always turn to officials and local authorities for answers to problems, rather they feel free and powerful enough to help themselves and their own communities.

This also means public sector reform, pushing power away from central government to local government and even further – to communities and neighbourhoods. This could make room for new providers of public services like charities and social enterprises to get more innovation, diversity and responsiveness to public need. It will also create and develop communities and neighbourhoods who can shape the world around them. Dinas Powys is already a special place with a unique sense of community. I'm sure that with DPVC's continued commitment to providing its services to the numerous voluntary organization operating in the village it will enable the community to build still further, improving the quality of life for many elderly and disabled residents.

DINAS POWYS VILLAGE SHOW 2011

This year's event was very successful - and the weather held up until the garden entertainments were finished.

The hundreds of entries into more than one hundred classes attracted praise from the hundreds of people who visited the newly decorated Parish Hall and this praise will surely inspire others to enter next year's Show, to be held on Saturday 1 September 2012

2011 was a record year for entries. Vegetables and flowers were in abundance and the cookery and photographic categories were well supported. However, the Craftwork and Needlework categories would benefit from more entries. So, get crafting!

The Village Show Committee is already laying down plans for 2012, and the Spring edition of DEPEND will publicise details of the Needlework, Craftwork and Photography Classes, to give people plenty of time to prepare .

The Open Classes Cup winners were:

Cookery – Mrs Angela Reardon;

Fruit & Vegetables – Mr. Cecil Townsend;

Flowers, Shrubs & Houseplants – Mrs Liz Richards;

Floral Art – Gina Pritchard;

Needlecrafts – Rene Gannon;

Dinas Powys Community Challenge Cup
Craftwork - joint winners Merry Metcalf & Vale Plus Group

Painting & Drawing - Mrs Connie Thomas;

Photography - Mrs Susan Crosby .

Overall Winner on points – Mrs Liz Richards.

Young People's Cup winners were;

Nursery – Alfie Sergeant;

Reception – Finley Purchase-Smith;

Years 1 & 2 – Elsa Clarkson;

Years 3 & 4 – Moses West;

Years 5 & 6 – Alice Young;

Overall Winner on points – Alfie Sergeant.

Any suggestions for next year's Show to Val Hartrey. Email: valhartrey@talktalk.net



GŴYL GERDD DINAS POWYS

DINAS POWYS MUSIC FESTIVAL

After the great success of the 2011 Gŵyl Gerdd Dinas Powys Music Festival, preparations are underway for the 2012 Music Festival, which will be held between Saturday 12 May and Sunday 20 May 2012. So keep your diary free for that week!

The programme is almost complete and will be of a similar format to that of the well-supported 2011 Festival - wide and varied and offering something for everyone – all at reasonable prices!

However, the Festival does not stand still. New ideas are always being explored. The venues for the concerts and other events will include the Parish Hall, The Methodist Church, St Andrew's and St Peter's churches.

The committee were delighted to receive grants towards the 2011 festival, from the Vale of Glamorgan Council and from the Dinas Powys Civic Society and the festival continues to receive, both financial and in kind, support from the Community Council and from many organisations in the village. A grant has also been awarded from the Waitrose Music Matters Award Scheme – the only one awarded for the whole of Wales and the West of England. Quite an achievement! Such support, and that given by the Patrons of the Music Festival, is essential if the Music Festival is to continue as an important aspect of Village life in future years.

This year will see the introduction of a Corporate Patrons scheme which will enable local businesses and organisations to become associated with the Music Festival and, if they wish, the opportunity to sponsor particular concerts or events during the Festival week. If you wish to become a patron or a corporate patron of the Music Festival, and/or are interested in sponsoring an event, please contact, by email, John Fanshaw on jrfanshaw@talktalk.net. Patrons and sponsors will receive early information about the programme and other events and their contribution towards the Festival will be acknowledged.

Of course, the principal way in which the success of the Music Festival can continue to be part of Dinas Powys life is through the support at its events by residents in the village and the Music Festival committee will strive to provide a programme that appeals to all and looks forward to receiving, once again, your support and goodwill on the Festival week.

NEIGHBOURHOOD NEWS



Your Top Priorities

At the **PACT** meeting you tell us what your top priorities are. We then work on these issues, along with our partner agencies, in an effort to resolve them.

For information on the current **PACT** priorities for Dinas Powys please either log onto www.ourbobby.com or contact PCSO Michelle Griffiths.



LOCK YOUR WINDOWS AND DOORS

Over 40% of thefts and burglaries in the Vale are happening when people have not secured their property. So please take an extra moment to lock your windows and doors and remove high value items from display. Crime rates remain low in this area, but most criminals are opportunist so please don't make their lives easy.

Have Your Say

The next opportunity for you to have your say is:

PACT MEETING:

Monday 23rd January 2012
in St Mary's Church, Edith Road at 7pm.

Everyone is Welcome

For further information on your local **PACT** meeting and other ways to have a say in local policing please contact PCSO Michelle Griffiths.

NEWS IN BRIEF

Mobile data helps officers to spend more time on the streets

Frontline officers have been using Blackberry™ devices for over a year now across the Vale, providing them with access to mobile data.

This has resulted in officers spending more time out on the street, which is what our public surveys always tell us you want. New technology and mobile data means officers do not have to return to police stations to carry out the majority of computer based tasks.

The introduction of Blackberry™ devices to officers has provided a number of service benefits to our communities, and officers have reported that they now have access to more information which helps them to make better decisions for you.

Right Officer, in the right place, at the right time for you

The way in which we respond to your needs and incidents is also changing for the better, as we are now using a satellite navigation system called IR3+ to deploy resources.

GPS technology has been installed in police vehicles and in the airwave radio's carried by officers, which provides a real time view of where every vehicle and officer is across South Wales.

This technology enables us to allocate the nearest available or most suitable resource to respond to your needs or situations. And the priorities that you tell us are most important in PACT meetings can now easily be shared amongst different officers, and will inform patrol decision making.

Another key benefit of IR3+ is a more efficient use of police vehicles. For example the technology will ensure officers get to you via the fastest possible route, and also help reduce distance travelled. This not only provides a better service for you but also provides cost savings on petrol and vehicle servicing, along with being more environmentally friendly.

DINAS POWYS

PCSO

Michelle Griffiths

07805 301394

I'm your local officer and it's my job along with the rest of the team at South Wales Police, to keep you safe and make sure you have a say on local policing.

There is a Neighbourhood Policing Website

Log onto www.ourbobby.com to get up-to-date information on local policing.



Follow us on twitter

You can keep updated on policing by following us on twitter @swpolice and @swpcentral. And to find out how the police helicopter is tackling crime follow @helicopters.

eNewsletter Coming Soon

We are always looking for more efficient and effective ways of keeping you updated about local policing, and very soon will be launching a new 'newsletter' that gets sent direct to your email inbox. So make sure to provide your local officer with your email address.



Phoning the police

When it's less than urgent please call 101, and in an emergency always dial 999



What is Neighbourhood Watch?

Neighbourhood Watch (in some areas known as Home Watch), is one of the biggest and most successful crime prevention schemes ever. It is based on simple ideas and values that are shared by many people around the country:

'Getting together with your neighbours to reduce local crime and disorder in the bid to make your neighbourhood a safe and better place to live, work and play'.

Neighbourhood Watch is not just about reducing crime – it is about building community spirit and good relations. It brings local people closer together with common goals; to tackle crime and disorder and to keep an eye on each other's property.

There are also other benefits of joining a Neighbourhood Watch scheme. For example, you can learn more about crime prevention and home security which will help keep your home and belongings safe. You might also get a discount on your home insurance.

The aims of Neighbourhood Watch schemes are:

To reduce the opportunities for crime and anti-social behaviour to occur in your neighbourhood by deterring would-be burglars and vandals.

To build a community spirit so that all residents can contribute towards the protection of their property through co-operation and

communication.

Members of Watch schemes are not vigilantes. Patrolling the streets is a job for the police; they will act upon the information supplied by residents. Watch schemes are not police-run groups. However, in order to be effective in tackling crime, Watch schemes have to work in partnership with the police and other agencies.

By letting the police know of anything suspicious that you see or hear, you are helping to reduce the opportunities for crime to occur. The more difficult it can be made for the criminal, the more likely it is that crime can be reduced.

Useful contact numbers and addresses

Website: www.ourbobby.com

Penarth Police Station: 02920 527351

Your dedicated Dinas Powys ward officers are

PC 5005 Alison Davies

PCSO 54365 Michelle Griffiths

Telephone: 07805 301394

Email: michelle.griffiths@south-wales.pnn.police.uk

To find out who your local Neighbourhood Watch coordinator is:

contact

Sabine Galton, Partnership Support Assistant, Vale of Glamorgan Council **Telephone:** 01446 450200

SUPER SOUL IN DINAS 2011!

In early February, members of the churches in Dinas Powys came together to organise this year's Soul in Dinas events. Lots of activities were planned, including a Tea Dance, a Fun Day and an Action Week.

Tea Dance

On Thursday 4th August, a 1940s style Tea Dance was held in the Parish Hall, Dinas Powys. The hall was decorated with bunting and Union Jack flags. Delicious home-made sandwiches and cakes were prepared and provided by people from the local churches. Barbara Wilson, from Barry, organised the dancing.



Posters had been put up around the Village, and invitations sent to the Wednesday Club, sheltered housing and various churches. Over 90 people came to the event and all appeared to enjoy themselves. It was a great success!

Fun Day

On Saturday 20th August, around 100 people from the local area attended the Soul in Dinas Fun Day. Although it was damp and cloudy, the Fun Day still went on. It was held in the grounds of Murch Junior School. Pat West, one of the organisers, said, "It was really nice that we were able to use the premises. The Soul in Dinas team would like to thank Mr Thomas and Mr Lambert, the Head Teacher and caretaker, for letting us use the school grounds."

There was a large variety of stalls and activities on offer, including a Fairtrade stall, soft toy and book stalls, craft area, face paints, guess the name of the teddy bear, guess the amount of money in a jar. The younger children especially enjoyed knocking down the cans and throwing wet sponges at each other!

At the school gate, all who attended were issued with a ticket which entitled them to a free drink, burger or hot dog and cake. 10

year old Rosanna Davies enthusiastically said, "It makes a change to go to a Fun Day where you can get so much for free!"

The children really enjoyed the excellent puppet show which was performed in Bethesda Chapel next to the school. The puppet show was organised by a group of people from the Church, it was great entertainment.

Races had been prepared for the children. There were various events to challenge them, such as sprinting races, egg and spoon races and the three-legged race. The children loved the sweets and chocolates which they got for joining in!

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Action Week

From Monday 22nd to Saturday 27th August more than 60 volunteers came together to take part in the Soul in Dinas Action Week 2011. Three teams were involved in the Action Week - the Action Team, the Care Team and the Prayer Team. The biggest team was the Action Team. It went out every day in two groups. The Action Team cleared



gardens, trimmed hedges, painted fences and collected litter. Soul in Dinas was proud to be asked to paint the benches on

The Common, by the Community Council. There were seventeen benches which had to be prepared and then painted black. The Care Team went out every afternoon. They visited people who wanted help. They helped with chores, like shopping and cleaning. The Prayer Team went out in twos every morning. Each pair took a different route. They told people they met about Soul in Dinas and they asked them if they wanted any jobs done or if they wanted prayer. Over thirty jobs were completed over the week. A big well done and Thank you to all those involved.

By Rebekah West Age 11

VILLAGE LIFE

DINAS POWYS FOOTBALL CLUB

Dinas Powys Football Club (est. 1974) is a bigger organization than you might think. On a typical weekend during the season, there can be more than 30 teams out playing in the club's colours. Most of these teams are in the junior section, where over 300 children (ages 6-17) train with the club. Around 26 Dinas Powys boys' teams play on Saturday mornings, while the girls compete in the Vale League on Sunday mornings (U12, U14 and U18, with U10 starting this year). The club has also started kids' soccer training days during the holidays at the Murchfield Community Centre.

The ladies compete at the senior level in the South Wales Woman's League. The men's senior section is made up of five teams, including a youth team competing in the Welsh League Youth Division East. In 2000, the first team was promoted from the South Wales Amateur League to the Welsh League. They quickly moved through two divisions and, in 2008, finished runners-up in Division One. They currently play in Welsh League Division Two, and also compete in the Welsh Cup. The senior teams play their home games at the Murch.

For further information and senior team fixtures lists: <http://www.dinaspowysfc.co.uk/index.html>

DINAS POWYS ORCHESTRA

This year marks the 30th anniversary of Cerddorfa Dinas Powys Orchestra, a body of amateur musicians who meet in the Lee Hall on Sunday afternoons in the Autumn and Spring to rehearse for a concert at the end of each season. In the Summer "we tend to our gardens"! The orchestra was formed by Barbara Parrott, a piano and school music teacher, to meet the needs of the many musicians in the area who wanted to play together as an orchestra. From the first concert programme, it can be seen that several of the surnames indicate a family involvement, from two members of the Harvey family, three each of the Innes and Wilson families, to the, inevitable, four from the family of Dr Haydn Jones - some thirty-five players in all. The orchestra Leader was Peter Elias-Jones who, on retiring, was succeeded by Rose Laurence, who along with her two daughters, also played in that first concert in March 1981.



past players as possible. If you are, or know of any such person, please contact a member of the orchestra or come along, between 3.00 and 5.30 pm on a Sunday afternoon, to a rehearsal in the Parish Hall, where you will be made most welcome.

Barbara Parrott had to stand down at the end of 1992 due to ill health. She was succeeded as Conductor and Musical Director, by Antony Tarlton, a professional violinist from the Orchestra of Welsh National Opera, whose enthusiastic approach has helped the orchestra to continue to grow and attract new players. Inevitably, people move on and have to be replaced and, sadly, some members have died. A memorial Concert was given for Rose Laurence in March 2002 and she was succeeded as Leader by Kay Marshall.

The orchestra's e-mail address is :- info@cdpo.org.uk

The orchestra's programmes are based, although not exclusively, on the classical composers Haydn, Mozart, Schubert and Beethoven with soloists coming from Antony Tarlton's professional connections and who give the orchestra further inspiration. The concerts are enthusiastically received by a growing number of appreciative listeners.

This year's concert, to be held on 11 December 2011, will feature some of the items from the 1981 programme, including Schubert's Overture "Rosamunde", Strauss' "Roses from the South" and Leopold Mozart's "Toy Symphony" (thought in 1981 to be by Joseph Haydn). The aim is to include, in whatever capacity is appropriate - be it as performer or listener - as many of the original or

DINAS POWYS PLAYERS

After a busy Spring when we produced our Full Costume Play, Lord Arthur Savile's Crime, we moved into our Summer season with a hugely successful Patrons Evening. Here we say a big "thank you" to our Patrons for their continuing support. We all now look forward to the Autumn when we will be staging the comedy "Out Of Focus" by Peter Gordon, on Thursday 10 Friday 11 and Saturday 12 November 2011. Tickets will be available from the usual outlets so keep an eye on the local press for more details.

This year has had its ups and downs and one very sad occasion when we lost our dear friend Roy Gibbons. Roy was an incredible asset to the group and will be sadly missed by both members and audiences.

The Players meet on a Wednesday evening in the Library (behind the Main Parish Hall) and would be delighted to welcome new members, especially younger ones!!

If anyone would like more information on our activities please do not hesitate to contact any of the following telephone numbers

Graham Russell	02920513619
Sue Gibbons	02920512976
Pam Wame	02920512868

BAGS OF SUPPORT FOR DPVC

The Welsh Government wanted to drastically reduce the number of bags given away in Wales. So from 1 October 2011, a minimum charge of 5p on all single use carrier bags was introduced. The Government hopes that this charge will be passed on to good causes in Wales.

Jan and Tony Mapstone, proprietors of Valley View Fruit Stores in Dinas Powys, believed that the charges that they were required to levy should go to a local charity and, after consultation with their customers, decided that they would support Dinas Powys Voluntary Concern because this was a local charity that helped Dinas Powys residents, including many of their own customers, directly.

Their idea was suggested to DPVC who have now supplied Jan and Tony with a charity collecting box into which the 5ps go. However, Jan and Tony's idea was such a good one that other retailers in the village were approached and, so far, The Village Stores, Mark Griffiths the Butcher, The Bank of Flowers, The Green Room florists, the two branches of TH & L Jones Dispensing Chemists and Happy Embroidery.com have joined the Valley View Fruit Stores in having collecting boxes so that the carrier bag charge that they have to make will go directly to a village charity. Budgens have also agreed to display one of our collecting boxes.

Jan Mapstone told the coordinator of DPVC, Wendy Lees, and the Chairman, John Fanshaw, that since the introduction of the carrier bag charge, the number of bags the shop uses has gone down quite a lot but local residents are pleased to think that, when they are charged for a bag, the money goes directly for the benefit of local people.

DPVC QUIZ NIGHT SUCCESS

There was great support from Dinas Powys residents who attended a Fun Quiz Night in the Parish Hall that was organized by supporters of Dinas Powys Voluntary Concern in October.

Mr John Fanshaw, Chairman said, "It was wonderful to see so many of our supporters and friends - of all ages - at our quiz night. The whole evening was, as it was advertised, a FUN night and it was great to see that everyone was having such a good time. I would like to thank everyone for their support, generosity and goodwill shown towards Dinas Powys Voluntary Concern



The Mexicans

and for the support that our friends and volunteers give to the residents of Dinas Powys. Nearly £900 was raised for our charity by the evening's entertainment.

"I would like to express my thanks to Paul Marks, our quizmaster, to the hardworking waitresses and bar staff, to Danny Daniels, who prepared and served the chicken and sausage rolls, to those who made the sandwiches and set up the Parish Hall - and cleared away afterwards. Special thanks must go to Angela Peterken, Beti Digby and Barbara Daniels who spent so much time and effort on ensuring that the whole event went so smoothly. Barbara was, unfortunately, unwell on the day of the quiz and unable to join us. We hope she is now feeling better but she can rest assured that it was only because of her, and Angela's, meticulous preparation that the whole event was so successful".

The management team of Dinas Powys Voluntary Concern would like to thank Q Chip Ltd (Pharmaceutical Sciences) of Cardiff for their generous sponsorship of the event.

DICKENSIAN FAYRE

On Friday 2nd December 2011 the Rotary Club of Dinas Powys will hold their annual Dickensian Fayre at the Twyn (village square), starting at 6 pm. For those unfamiliar with the Fayre, the evening is an opportunity for local organisations (mainly voluntary) to raise money and support local charities. Funds raised by the Rotary Club will be used to support local charities in and around the vicinity of Dinas Powys.

The usual stalls, selling crafts, cards and Christmas gifts, will be present and there will be plenty of food and drink on sale, such as cawl, mulled wine, cakes, hot-dogs and burgers. The highlight for the children will be a visit to Santa's Grotto where every child will receive a gift from Father Christmas.

Last year the response from voluntary organisations was exceptional with all stalls taken. If any organisation would like a stall please telephone Paul Williams for an application form as soon as possible (Tel 029 2051 2473).

Hopefully the weather will be kind, and once again the people of Dinas Powys will enjoy this festive evening. Many people dress up!

On the weekend of the 18th and 20th December, the Rotary Christmas sleigh with Father Christmas on board will be travelling around the village, so make sure you look out for Santa!

BETTER PHOTOS?

If you visited Dinas Powys Village Show this year, you may have met Bernard Brown who appraised the Photographic section. After seeing such a varied selection of standards, it occurred to Bernard that experienced photographers might wish to share their knowledge with like minded people, as well as with newcomers to image making. Therefore, anyone interested in modern digital picture creating is offered the chance to share the warm and friendly atmosphere of Positive Image Photographic Society which meets fortnightly, from September to April, in St Baruc's Church Hall, Phyllis Street on Barry Island. Membership is £12 for the season.

They share their love of photography and have visiting lecturers, competitions, and visits to other clubs in the area. They also hold "tween" nights where Guy (their Guru!) shares his wide knowledge with any members who wish to go that "little bit further" and will answer any queries. You may wish to sample a few meetings before deciding to join.

For more information, (they can post you a map and this year's programme, or see their web site) Ring Bernard on 01446 408 483 or email: bernard-brown655@ntlworld.com, or David, the chairman, on 01446 701605 or email: david@perfectmotion.tv or Guy vice chairman, on 01446 751389, email: guy@tytathan.fsnet.co.uk.

SOME DATES FOR YOUR DIARY

Some forthcoming local events in the Kynance, Parish or Lee Halls

Please note - some of these dates are provisional. Please check for details at the Community Council Office
Telephone 029 2051 3114 Website www.dinaspowys.org

Many other organisations use the various halls in Dinas Powys
Details about these organisations are available in the Community Directory which can also be found on line at www.dinaspowys.org.

Adult Education classes are held in various locations in the Village.
Full details from Adult Education 029 2070 1569 or www.valeofglamorgan.gov.uk

Please inform the editor before 1 March 2012 of any Village events that you would like included in the next edition of Depend

Thurs 10, Fri 11, and Sat, 12 Nov	Dinas Powys Players <i>present</i> Lord Arthur Savile's Crime	Parish Hall	(see page 10)
Tues 15 Nov	Dinas Powys British Legion Annual Dinner	Parish Hall	
Wed 16 Nov	Vale of Glamorgan Brass Band	Parish Hall	
Sat 19 Nov	"Last Night of the Proms" Guest: Mrs Justine Oakley (Soprano)	7.00 pm	Tickets - £5 Concessions/children - £4
Fri 25 Nov	Parish of St Andrew Major Autumn Fayre	Parish Halls	(doors open 1.30 pm)
Sat 26 Nov	Dinas Powys Welsh Society Event	Parish Hall	
Wed 7, Thurs 8	Tenovus Christmas Lunch 12.00	Parish Hall	Mrs B Hockley 2051 4001
Fri 9, Sat 10 Dec	Bethesda Chapel Choir Concerts	Parish Hall	
Sun 11 Dec	Dinas Powys Orchestra Concert	Parish Hall	(see Page 10)
Tues 13 Dec	DP Local History Society Christmas Meal	St Andrew's Golf Club	
Thurs 1 Jan 2012	New Year's Day Concert	Parish Hall	
Tues 10 Jan 2012	DP Local History Society meeting	Kynance (Methodist) Church Hall	
Tues 14 Feb 2012	DP Local History Society meeting	Kynance Church Hall	
Tues 13 Mar 2012	DP Local History Society meeting	Kynance Church Hall	
Tues 10 Apr 2012	DP Local History Society meeting	Kynance Church Hall	
Sat 12 May until	GŴYL GERDD DINAS POWYS	Various venues	Look out for details!
Sun 20 May 2012	DINAS POWYS MUSIC FESTIVAL		

If you, or anyone you know, would be glad of the help and support we can offer - please contact us in the Resource Centre on 029 2051 3700 or write to:

Dinas Powys Voluntary Concern
Murchfield Community Hall
Sunnycroft Lane
Dinas Powys
CF64 4QQ

email: dpvc@btinternet.com

Or you could just call in the office between 9.30 and 12.30 on any weekday morning.

Have you recently retired, are the children at school, or do you just want to give something back to your community? As always we need drivers and in particular anyone willing to help with some gardening for those who can no longer manage on their own.

If so - will YOU be a volunteer?

Printed by the Vale Council for Voluntary Service

YOUNG DEPEND

WORDSEARCH No 17 (Age 8 - 14 years)

Find the following 10 words:-

Polka, barn, tarantella, clog, square, mazurka, jig, reel, morris, furry

Include with your reply a two word title for this group of words.

F	A	S	I	R	R	O	M	C	T
E	F	M	A	T	E	H	V	A	Z
R	O	U	W	H	A	N	R	A	B
A	T	O	R	E	S	A	N	B	M
U	R	T	Y	R	N	Q	E	A	L
Q	D	P	D	T	Y	R	Z	O	E
S	C	O	E	G	F	U	I	J	E
G	O	L	C	S	R	O	P	I	R
B	L	K	I	K	L	M	E	G	U
A	V	A	A	H	Y	Z	W	R	P

Return your answers by mail to:-

Dinas Powys Voluntary Concern
Murchfield Community Hall
Sunnycroft Lane

Dinas Powys

CF64 4QQ

or Email to dpvc@btinternet.com

Please include your name, address, age and telephone number with your entry.

Thanks to those who entered last time.

The winner was Elis Thomas of Croffta

We invite contributions to this page from anyone under 18 -
for example, a short story, poem or an event you saw or took part in - or even a wordsearch.